

# CEPHAS JOURNAL



## October 2025



### Global Handwashing Day

Guiding communities to lead healthier lives remains one of our core focuses. Observances such as Global Handwashing Day play a vital role in promoting awareness and encouraging the adoption of healthy hygiene practices within communities.

#### Program Highlights from different locations:



Shimoga Karnataka

18 children from a slum and 10 adults who are involved in agriculture were taught about handwashing.



Panikhowa Assam

50 children and 4 teachers of the Primary school took part in the session that included a practical demonstration on the steps of proper handwashing and interactive discussions.



Subhas gram West Bengal

The program reached around 20 participants, including tuition centre children, women from the tailoring unit, and local youth. Soaps were distributed to all participants to encourage the regular practice of handwashing at home.



## Flood relief @ Bamandanga Tea garden, West Bengal

On October 5th, devastating floods swept through parts of the tea garden region, washing away belongings and destroying humble shelters, leaving more than 25 families homeless and many others deeply affected.

In response, CEPHAS Foundation reached out with compassion and urgency, extending relief support to 100 affected families in the tea garden area. Each family received a mat and a hygiene kit containing essentials such as soap, toothpaste, phenyl, and bleaching powder, helping them maintain basic cleanliness and dignity even in these difficult times.



As they received their gift, one father tearfully narrated how the raging waters snatched away his six-month-old baby, stirring the emotions of all who had gathered.



Our heartfelt gratitude to all who extended their generous support, making a direct and timely impact in the lives of 100 families.

Visit our website or use the QR Code to donate

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