

CEPHAS JOURNAL

September 2025

Driven by Hope,
Guided by Care



Engage | Educate | Empower



Website

www.cephasfoundation.in



Flood Relief

Punjab & Jammu

The recent floods in Punjab and Jammu left many families stranded, with homes damaged, roads broken, and lives disrupted. In response, our volunteers stepped in with compassion and courage.

From purchasing, sorting, and packing ration kits to wading through waterlogged streets with supplies on their shoulders, they braved the risks of broken roads and cut-off access routes to ensure help reached those in need.



Our team delivered essential food kits and basic medical supplies for cold and fever, reviving joy and restoring dignity in the midst of despair.

This season, 50 families in Punjab (in collaboration with Bethel Prayer House, Muzzafarnagar) and 20 families in Jammu were supported through timely relief. Beyond the supplies, it was the assurance of care, presence, and solidarity that made the deepest impact.



Ration supplies



Basic Medical assistance



Reassurance & Hope



Youth Fest - Assam



The Youth Leadership Fest in Assam brought together 110 enthusiastic young minds. The program was filled with energizing activities, engaging discussions, and vibrant interactions. Participants eagerly explored answers to their doubts and questions. The fest also created a safe space to openly discuss hushed and sensitive topics, helping them gain fresh perspectives and confidence.



Key Topics addressed



Social Media
& Mental
Health



Friendship &
Influence



Peer Pressure &
Fear of Failure



Individual Impact



Our efforts extended beyond community relief to touch individual lives in meaningful ways. We were privileged to support a deserving student pursuing university education, ensuring that financial challenges did not hinder her academic journey. In addition, we were able to extend medical support to one of our dedicated tutors, enabling timely treatment and care.

These payment portals in our website will enable you to make a positive impact for someone!



Higher Education Support

Caught in the clutches of poverty, children's dreams often fade away due to the inability to afford college fees. Financial hardships compel families to forsake their aspirations, and some resort to child labor to make ends meet. By taking this essential step, you can empower them to pursue a brighter future.

Sponsorship per child: Rs. 12,000



Ration Kit

Provide nourishment to hungry and malnourished children with the gift of nutritious meals. A food bag (A bundle of happiness!) brimming with rice, pulses and oil can sustain a family for a month, guaranteeing their children remain healthy and well-fed. A bundle of happiness!

Donate a kit at Rs. 1,500

Visit our website or use the QR Code to donate

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